



**Strength Calisthenics Certification (SCC) Workshop
November 5, 2016 — New York, NY
Training, Travel, and Hotel Information**

Thank you for registering for the Strength Calisthenics Certification Workshop. Below you will find information about the training facility, the recommended airport(s), and a short list of recommended area hotels for those traveling to the area.

Training Location:

Catalyst S.P.O.R.T.

1410 Broadway, Concourse Level
New York, NY 10018
<http://catalystsportnyc.com>

Map: <https://goo.gl/maps/u9EHh>

Host: Jason Kapnick

E-mail: jason@catalystsportnyc.com
Phone: 212-997-4600

NEAREST AIRPORTS:

LaGuardia Airport

New York, NY 11371
Phone: 718-533-3400
<http://www.panynj.gov/airports/laguardia.html>
Approx. 8.8 miles from training facility (15-minute drive without traffic)

Newark Liberty International Airport (EWR)

3 Brewster Road, New York, NY 07114
Phone: 973-961-6000
<http://www.panynj.gov/airports/newark-liberty.html>
Approx. 15.9 miles from training facility (23-minute drive without traffic)

John F. Kennedy International Airport

Jamaica, NY 11430

Phone: 718-244-4444

<http://www.panynj.gov/airports/jfk.html>

Approx. 18 miles from training facility (28-minute drive without traffic)

RECOMMENDED HOTELS:

Hotel Pennsylvania

401 7th Ave.

New York, NY 10001

Phone: 212-736-5000

<http://www.hotelpenn.com/>

(Approx. 0.4 miles from facility)

Hampton Inn Manhattan / Times Square South

337 W. 39th St.

New York, NY 10018

Phone: 212-967-2344

<http://goo.gl/14uKnI>

(Approx. 0.6 miles from facility)

Candlewood Suites

339 W. 39th St.

New York, NY 10018

Phone: 212-967-2254

<http://www.nyctimesquarehotel.com/>

(Approx. 0.6 miles from facility)

Holiday Inn Express New York City

343 W. 39th St.

New York, NY 10018

Phone: 212-239-1222

<http://www.timessquarehotelnyc.com/>

(Approx. 0.6 miles from facility)

Distrikt Hotel

342 W. 40th St.

New York, NY 10018

Phone: 212-706-6100

<http://www.distrikthotel.com/>

(Approx. 0.8 miles from facility)

Staybridge Suites Times Square

340 W. 40th St.

New York, NY 10018

Phone: 212-767-9000

<http://www.staytimesquare.com/>

(Approx. 0.8 miles from facility)

Fairfield Inn & Suites

New York Manhattan

330 W. 40th St.

New York, NY 10018

Phone: 212-967-9494

<http://goo.gl/FLxS9E>

(Approx. 0.8 miles from facility)

Four Points by Sheraton Midtown

326 W. 40th St.

New York, NY 10018

Phone: 212-967-8585

<http://www.fourpointstimesquare.com/>

(Approx. 0.9 miles from facility)