



**Russian Kettlebell Challenge Instructor Certification
October 5-6, 2019 — St. Paul (Arden Hills), MN
Training, Travel, and Hotel Information**

Thank you for registering for the Russian Kettlebell Challenge (RKC) Instructor Certification Workshop. Below you will find information about the training facility, the recommended airport(s), and a short list of recommended area hotels for those traveling to the area.

Training Location:

[In Motion Fitness](#)

3764 Dunlap Street N.
Arden Hills, Minnesota 55112

Map: <https://goo.gl/maps/wDrr2UA5nvF2>

Contact: Megan Higginbotham

Phone: 651-756-8930

Email: megan@inmotionfitnessmn.com

NEAREST AIRPORT:

Minneapolis-St. Paul International Airport (MSP)

4300 Glumack Dr. St. Paul MN 55111

<http://www.mspairport.com>

Approx. 18 miles from training facility

RECOMMENDED HOTELS:

Quality Inn and Suites-Arden Hills

1125 Red Fox Rd.

St. Paul, MN 55112

Phone: (651) 484-6557

<https://www.choicehotels.com/minnesota/arden-hills/quality-inn-hotels/mn140>

(Approx. 0.5 miles from facility)

Hilton Garden-Arden Hills

1050 Gramsie Road
Shoreview, MN 55126

Phone: (651) 415-1956

<http://hiltongardeninn3.hilton.com/en/hotels/minnesota/hilton-garden-inn-minneapolis-st-paul-shoreview-MSPSHGI/index.html>

(Approx. 2 miles from facility)