



**Russian Kettlebell Challenge Instructor Certification**  
**April 22 - 24, 2016 — St. Paul, MN**  
**Training, Travel, and Hotel Information**

**Thank you for registering for the Russian Kettlebell Challenge (RKC) Instructor Certification Workshop. Below you will find information about the training facility, the recommended airport(s), and a short list of recommended area hotels for those traveling to the area.**

**Training Location:**

Crossfit Slipstream  
105 State Street, Suite 100  
St. Paul, MN 55107  
<http://crossfitslipstream.com>

Map: <http://goo.gl/maps/SlfXl>

Host: John Bryant  
Phone: 612-644-9781  
Email: [info@crossfitslipstream.com](mailto:info@crossfitslipstream.com)

**Airports:**

**Minneapolis/St. Paul International Airport (MSP)**  
4300 Glumack Dr.  
St Paul, MN 55111  
Phone: (612) 726-5555  
Website: <http://www.mspairport.com>  
Driving distance of airport to facility: 10 miles (20 minutes)

## **Nearby Hotels:**

### **Crowne Plaza St. Paul-Riverfront**

11 East Kellogg Boulevard

St. Paul, MN 55101

612-292-1900

Website: <http://www.cpstpaul.com>

(0.9 mile from workshop)

### **DoubleTree by Hilton St. Paul Downtown**

411 Minnesota St.

St. Paul, MN 55101

651-229-8800

Website: [DoubleTree by Hilton St. Paul](#)

(1 miles from workshop)

### **The St. Paul Hotel**

350 Market St.

St Paul, MN 55102

651-292-9292

Website: <https://www.saintpaulhotel.com>

(1.2 miles from workshop)

### **Holiday Inn St. Paul Hotel Downtown**

175 W 7th St.

St. Paul, MN 55102

651-225-1515

Website: [Holiday Inn St. Paul](#)

(1.4 miles from workshop)

### **Embassy Suites St. Paul-Downtown**

175 E. 10th St.

St. Paul, MN 55101

651-225-5400

Website: [Embassy Suites St. Paul Downtown](#)

(1.3 miles from workshop)