



**Russian Kettlebell Challenge Instructor Certification**  
**May 28-30, 2015 — Shanghai, China**  
**Training, Travel, and Hotel Information**

**Thank you for registering for the Russian Kettlebell Challenge (RKC) Instructor Certification Workshop. Below you will find information about the training facility, the recommended airport(s), and a short list of recommended area hotels for those traveling to the area.**

**Training Location:**

**The Tera Wellness Club City Chamber ('Cheng Shi Hui Suo' in pinyin)**

No.1, He'nan Rd Central, Indoor basketball court, 7th floor

Huangpu District, Shanghai, China

[The Tera Wellness Club City Chamber](#)

**Map:** <https://goo.gl/maps/Pra3F>

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**Host Website:** <http://www.ihpchina.com/en/>

**Airport(s):**

**Shanghai Pudong International Airport (PVG)**

S1 Yingbin Expressway, Pudong, Shanghai, China

<http://en.shairport.com/pudongair.html>

Driving distance of airport to facility: 43.9 miles (41 minutes without traffic)

**Shanghai Hongqiao International Airport (SHA)**

2550 虹桥路 Changning, Shanghai, China

Website: <http://www.shanghaiairport.com>

Driving distance of airport to facility: 15.9 miles (19 minutes without traffic)

## **Nearby Hotels:**

**Elegance Bund Hotel.** Rate ranges \$56-\$124

**Baron Business Bund Hotel.** Rate ranges \$56-\$140

**Salvo Hotel.** Rate ranges \$82-\$125

**Renaissance Shanghai Yu Garden Hotel.** Rate ranges \$150-\$530

**Westin Bund Center Shanghai.** Rate ranges \$156-421

All prices above based on quote from [agoda.com](https://www.agoda.com)