



**Russian Kettlebell Challenge Instructor Certification**  
**April 15-17, 2016 — Overland Park, KS**  
**Training, Travel, and Hotel Information**

**Thank you for registering for the Russian Kettlebell Challenge (RKC) Instructor Certification Workshop. Below you will find information about the training facility, the recommended airport(s), and a short list of recommended area hotels for those traveling to the area.**

**Training Location:**

CrossFit I35  
4209 Merriam Drive  
Overland Park, Kansas 66203  
<http://www.crossfiti35.com/>

**Map:** [https://goo.gl/maps/tB6AjS\]wxZk](https://goo.gl/maps/tB6AjS]wxZk)

**Host:** Scott Lofquist  
**Phone:** (913) 800-8714  
**Email:** [scottlofquist@gmail.com](mailto:scottlofquist@gmail.com)

**Airport:**

**Kansas City International Airport (MCI)**

1 International Square,  
Kansas City, MO 64153  
Phone: 816-243-5237

Note: Approx. 24.3 miles from training facility (25 minute drive without traffic)

Website: <http://www.fkykci.com>

## **Nearby Hotels:**

### **Crowne Plaza Overland Park**

12601 W 95<sup>th</sup> St.

Lenexa, KS 66215

(913) 217-1000

<http://www.ihg.com/crowneplaza/hotels/us/en/lenexa/mkccp/hoteldetail>

(Approx. 7.7 miles from facility, 11 minute drive without traffic)

### **Comfort Inn Lenexa**

12601 W 96th Terrace

Lenexa, KS 66201

(913) 438-6969

<https://www.choicehotels.com/kansas/lenexa/comfort-inn-hotels/ks066>

(Approx. 7.5 miles from facility, 10 minute drive without traffic)