



**Russian Kettlebell Challenge Instructor Certification**  
**October 14-16, 2016 — New York, NY**  
**Training, Travel, and Hotel Information**

Thank you for registering for the Russian Kettlebell Challenge (RKC) Instructor Certification Workshop. Below you will find information about the training facility, the recommended airport(s), and a short list of recommended area hotels for those traveling to the area.

**Training Location:**

**Catalyst S.P.O.R.T.**

1410 Broadway, Concourse Level

New York, NY 10018

<http://catalystsportnyc.com>

Map: <https://goo.gl/maps/u9EHh>

**Host: Jason Kapnick**

**E-mail:** [jason@catalystsportnyc.com](mailto:jason@catalystsportnyc.com)

**Phone:** 212-997-4600

**NEAREST AIRPORTS:**

**LaGuardia Airport**

New York, NY 11371

Phone: 718-533-3400

<http://www.panynj.gov/airports/laguardia.html>

Approx. 8.8 miles from training facility (15-minute drive without traffic)

**Newark Liberty International Airport (EWR)**

3 Brewster Road, New York, NY 07114

Phone: 973-961-6000

<http://www.panynj.gov/airports/newark-liberty.html>

Approx. 15.9 miles from training facility (23-minute drive without traffic)

**John F. Kennedy International Airport**

Jamaica, NY 11430

Phone: 718-244-4444

<http://www.panynj.gov/airports/jfk.html>

Approx. 18 miles from training facility (28-minute drive without traffic)

**RECOMMENDED HOTELS:****Hotel Pennsylvania**

401 7th Ave.

New York, NY 10001

Phone: 212-736-5000

<http://www.hotelpenn.com/>

(Approx. 0.4 miles from facility)

**Hampton Inn Manhattan / Times Square South**

337 W. 39th St.

New York, NY 10018

Phone: 212-967-2344

<http://goo.gl/14uKnI>

(Approx. 0.6 miles from facility)

**Candlewood Suites**

339 W. 39th St.

New York, NY 10018

Phone: 212-967-2254

<http://www.nyctimesquarehotel.com/>

(Approx. 0.6 miles from facility)

**Holiday Inn Express New York City**

343 W. 39th St.

New York, NY 10018

Phone: 212-239-1222

<http://www.timessquarehotelnyc.com/>

(Approx. 0.6 miles from facility)

**Distrikt Hotel**

342 W. 40th St.

New York, NY 10018

Phone: 212-706-6100

<http://www.distrikthotel.com/>

(Approx. 0.8 miles from facility)

**Staybridge Suites Times Square**

340 W. 40th St.

New York, NY 10018

Phone: 212-767-9000

<http://www.staytimesquare.com/>

(Approx. 0.8 miles from facility)

**Fairfield Inn & Suites**

**New York Manhattan**

330 W. 40th St.

New York, NY 10018

Phone: 212-967-9494

<http://goo.gl/FLxS9E>

(Approx. 0.8 miles from facility)

**Four Points by Sheraton Midtown**

326 W. 40th St.

New York, NY 10018

Phone: 212-967-8585

<http://www.fourpointstimesquare.com/>

(Approx. 0.9 miles from facility)