



Russian Kettlebell Challenge Instructor Certification 2015 — Houston, TX Training, Travel, and Hotel Information

Thank you for registering for the Russian Kettlebell Challenge (RKC) Instructor Certification Workshop. Below you will find information about the training facility, the recommended airport(s), and a short list of recommended area hotels for those traveling to the area.

Training Location:

CrossFit West Houston
8716 Longpoint Rd #213, Houston, TX 77055
<http://www.crossfitwesthouston.com>

Map: <https://goo.gl/maps/k2ys1>

Host Contact: Rob or Sandra Exline
Phone: 713-467-1450
Email: rob@crossfitwesthouston.com

Airports:

Houston George Bush Intercontinental Airport (IAH)
2800 North Terminal Road, Houston, TX 77032
(281) 230-3100
Website: <http://www.fly2houston.com/>
Driving distance of airport to facility: 27 miles (31 minutes without traffic)

Nearby Hotels:

The Westin Houston - Memorial City

945 Gessner Rd Houston TX 77024

(281) 501-4300

<http://www.westinhoustonmemorialcity.com>

(4.8 miles from workshop)

Four Points by Sheraton Houston Hotel

10655 Katy Freeway Houston, TX

(281) 501-4600

<http://www.fourpointshoustonwest.com>

(5.4 miles from workshop)

Crowne Plaza Houston Galleria

7611 Katy Freeway, Houston, TX 77024

713-680-2222

<http://www.ihg.com/crowneplaza/hotels/us/en/houston/houtg/hoteldetail>

(3.5 miles from workshop)

Additional Recommended Hotels:

Hilton Garden Inn Houston NW America Plaza

Sheraton Houston West Hotel

La Quinta Inn and Suites Houston Galleria