



Russian Kettlebell Challenge Instructor Certification September 2018 — Gaithersburg, MD Training, Travel, and Hotel Information

Thank you for registering for the Russian Kettlebell Challenge (RKC) Instructor Certification Workshop. Below you will find information about the training facility, the recommended airport(s), and a short list of recommended area hotels for those traveling to the area.

Training Location:

CrossFit Concepts

16720 Oakmont Avenue

Gaithersburg, Maryland 20877

<http://www.crossfitkoncepts.com>

Map: <https://goo.gl/maps/moUcVxfewuN2>

Host: Michael Krivka

Phone: 301-404-2571

Email: cfkoncepts@gmail.com

Airports:

Reagan National Airport (DCA)

Driving distance of airport to facility: 12 miles (30 minutes from training facility)

Baltimore–Washington International (BWI)

Driving distance of airport to facility: 30 miles (30 minutes from training facility)

Dulles International (IAD)

Driving distance of airport to facility: 25 miles(30 minutes from training facility)

Nearby Hotels:

Springhill Suites Gaithersburg

9715 Washingtonian Blvd.

Gaithersburg, MD 20878

(301) 987-0900

<http://www.marriott.com/hotels/travel/wasgt-springhill-suites-gaithersburg/>

(3 miles from workshop)

Gaithersburg Marriott Washingtonian Center

9751 Washingtonian Blvd

Gaithersburg, MD 20878

(301) 590-0044

<http://www.marriott.com/hotels/travel/waswg-gaithersburg-marriott-washingtonian-center/>

(3 miles from workshop)