



**Progressive Calisthenics Certification Workshop
June 26-28, 2015 — Newcastle-Upon-Tyne, England
Training, Travel, and Hotel Information**

Thank you for registering for the Progressive Calisthenics Certification (PCC) Workshop. Below you will find information about the training facility, the recommended airport(s), and a short list of recommended area hotels for those traveling to the area.

Training Location:

Gym NRG

57 Melbourne Street, Lugano Building
Newcastle-Upon-Tyne NE12JQ
<http://www.gymnrg.com>

Map: <https://goo.gl/maps/BjdDF>

Host: Steve Hope & Hannah Mirwald

Phone: 07412611836

Email: info@gymnrg.com

Airports:

Newcastle Airport (ATW)

Woolsington, Newcastle-Upon-Tyne, NE12 8BZ
0871 882 1121

Website: <http://www.newcastleairport.com>

Driving distance of airport to facility: 7.6 miles (14 minutes without traffic)

Nearby Hotels:

Travel Lodge

Forster Street, Quayside, Newcastle-Upon-Tyne NE1 2NH

0871 984 6164

<http://www.travelodge.co.uk/hotels/214/Newcastle-Central-hotel>

(0.3 miles from workshop – 4 minute walk)

Premier Inn

Lombard Street, Quayside, Newcastle-Upon-Tyne NE1 3AE

0871 527 8804

<http://www.premierinn.com/en/hotel/NEWPTI/newcastle-quayside>

(0.5 miles from workshop – 8 minute walk)