



**Progressive Calisthenics Certification Workshop
September 14-15, 2019 — California
Training Location and Hotel Info**

Thank you for registering for the Progressive Calisthenics Certification (PCC) Workshop.

Training Location:

[Ironclad Strength & Conditioning](#)

211 Kenroy Lane #2

Roseville, CA 95678

<https://ironcladgym.com>

Map: <https://goo.gl/maps/Ua3NQjeoyiN2>

Host: Larry Froley

E-mail: lmfroley@yahoo.com

Phone: (916) 300-6111

Nearby Airport(s):

Sacramento International Airport (SMF)

6900 Airport Blvd

Sacramento, CA 95837

<https://sacramento.aero/smf>

23 miles from workshop (approx. 29 minute drive)

Nearby Hotels:

Hampton Inn and Suites

110 North Sunrise Ave.

Roseville, CA 95661

<https://hamptoninn3.hilton.com/en/hotels/california/hampton-inn-and-suites-roseville-SACHSHX/index.html>

(Approx. 3 miles, 6 minute drive from workshop)

Best Western Roseville Inn

220 Harding Blvd.

Roseville, CA 95678

https://www.bestwestern.com/en_US.html

(Approx. 5 miles, 5 minute drive from workshop)