



Hardstyle Kettlebell Challenge (HKC) Instructor Certification September 21, 2019 — St. Louis, Missouri Training, Travel, and Hotel Information

Thank you for registering for the Hardstyle Kettlebell Challenge (HKC) Instructor Certification Workshop. Below you will find information about the training facility, the recommended airport(s), and a short list of recommended area hotels for those traveling to the area.

Training Location:

[Flexology Fitness at The Movement Center](#)

645 Hanley Industrial Ct.
Saint Louis, MO 63144

Map: <https://goo.gl/maps/5Yokp4xLxbWNGlgN9>

Host: Stef Crockett

E-mail: stef@flexologyfitness.com

Phone: (314) 623-1311

NEAREST AIRPORT:

St. Louis Lambert International Airport (STL)

10701 Lambert International Blvd.
St. Louis, MO 63145

<https://www.flystl.com/>

(Approx. 8.8 miles or 13 minute drive from facility, 1.10 hours via metro)

RECOMMENDED HOTELS:

Drury Inn

8700 Eager Rd.
Brentwood, MO 63144

<https://www.druryhotels.com/locations/st-louis-mo/drury-inn-and-suites-st-louis-brentwood>

314-968-3704

(Approx. 0.8 miles from facility, 4 minute drive, 15 minute walk)

Residence Inn by Marriott St. Louis Galleria

8011 Galleria Pkwy

Saint Louis, MO 63117

<https://www.marriott.com/hotels/travel/stlrh-residence-inn-st-louis-galleria/>

1-314-862-1900

(Approx. 1.6 Miles from facility, 6 minute drive, 33 minute walk)