



Russian Kettlebell Certification One-Day Recertification
Sunday, October 12th, 2014 – Torrance, California
Training, Travel and Hotel Information

Thank you for registering for the one-day RKC Instructor Recertification course. Below you will find information on the training facility, the recommended airport and a short list of recommended area hotels for those of you traveling to the area:

TRAINING LOCATION:

Kettlebells South Bay

2535 W. 237th St., Unit 117
Torrance, CA 90505

Phone: 424-757-4850

<http://www.kettlebellssouthbay.com>

Host: Joe Chalakee, RKC

E-mail: kettlebellssouthbay@gmail.com

AIRPORT:

Los Angeles International Airport (LAX)

1 World Way
Los Angeles, CA 90045

Phone: 310-646-5252

<http://www.lawa.org/welcomelax.aspx>

Note: Approx. 12.8 miles from training facility (21 minutes without traffic)

NEARBY LODGING:

Courtyard Los Angeles Torrance / Palos Verdes

2633 Sepulveda Boulevard

Torrance, CA 90505

Phone: 310-533-800

<http://goo.gl/WoY7eX>

Note: Approx. 1.2 miles from training facility (3 minutes without traffic)

Travelodge Torrance / Redondo Beach

2448 Sepulveda Blvd

Torrance CA 90501

Phone: 310-539-9888

<http://goo.gl/G5B7xu>

Note: Approx. 1.2 miles from training facility (3 minutes without traffic)

Super 8 Torrance LAX Airport Area

2360 Sepulveda Blvd

Torrance CA 90501

Phone: 310-534-4900

<http://goo.gl/SrP1DE>

Note: Approx. 1.3 miles from training facility (4 minutes without traffic)

Ramada Torrance

2880 Pacific Coast Hwy

Crenshaw and Hawthorne Blvds.

Torrance, CA 90505

Phone: 310-325-0660

<http://goo.gl/L9tLgN>

Note: Approx. 1.8 miles from training facility (5 minutes without traffic)