



**Russian Kettlebell Instructor Re-Certification  
June 13, 2014 – Alexandria, Virginia  
Training, Travel and Hotel Information**

Thank you for registering for the Russian Kettlebell Re-Certification. Below you will find information on the training facility, the recommended airport and a short list of recommended area hotels for those of you traveling to the area:

**TRAINING LOCATION:**

**DYNAMIC SPORT PERFORMANCE**

305 Hoofs Run Drive  
Alexandria, VA 22314

**Contact:** Darius Gilbert, RKC Team Leader  
**Phone:** 703-209-8696

**AIRPORT:**

The closest airport for those of you flying into the area for the event is the **Ronald Reagan National Airport (DCA):**

<http://www.metwashairports.com/reagan/reagan.htm>

The Ronald Reagan National Airport is located approximately 5 miles or a 10-minute drive from Dynamic Sport Performance.

**HOST RECOMMENDED HOTEL:**

**EMBASSY SUITES ALEXANDRIA – OLD TOWN**

**Approx. 0.7 miles from the training facility**

**1900 Diagonal Road, Alexandria, VA 22314**

**703-684-5900**

<http://embassysuites3.hilton.com/en/hotels/virginia/embassy-suites-alexandria-old-town-WASOTES/index.html>

**OTHER AREA HOTELS:**

**THE WESTIN ALEXANDRIA**

**Approx. 0.4 miles from the training facility**

**400 Courthouse Square, Alexandria, VA 22314**

**703-253-8600**

<http://www.westinalalexandria.com/>

**RESIDENCE INN ALEXANDRIA OLD TOWN/DUKE STREET**

**Approx. 0.5 miles from the training facility**

**1456 Duke Street, Alexandria, VA 22314**

**703-548-5474**

<http://www.marriott.com/hotels/travel/wasdk-residence-inn-alexandria-old-town-duke-street>

**HILTON ALEXANDRIA OLD TOWN**

**Approx. 0.7 miles from training facility**

**1767 King St., Alexandria, VA 22314**

**703-837-0440**

<http://www3.hilton.com/en/hotels/virginia/hilton-alexandria-old-town-DCAOTHF/index.html>

**HAMPTON INN ALEXANDRIA-OLD TOWN/KING STREET METRO**

**Approx. 0.8 miles from the training facility**

**1616 King St., Alexandria, VA 22314**

**703-299-9900**

<http://hamptoninn3.hilton.com/en/hotels/virginia/hampton-inn-alexandria-old-town-king-st-metro-WASALHX/index.html>