

Practical information

RKC certification site

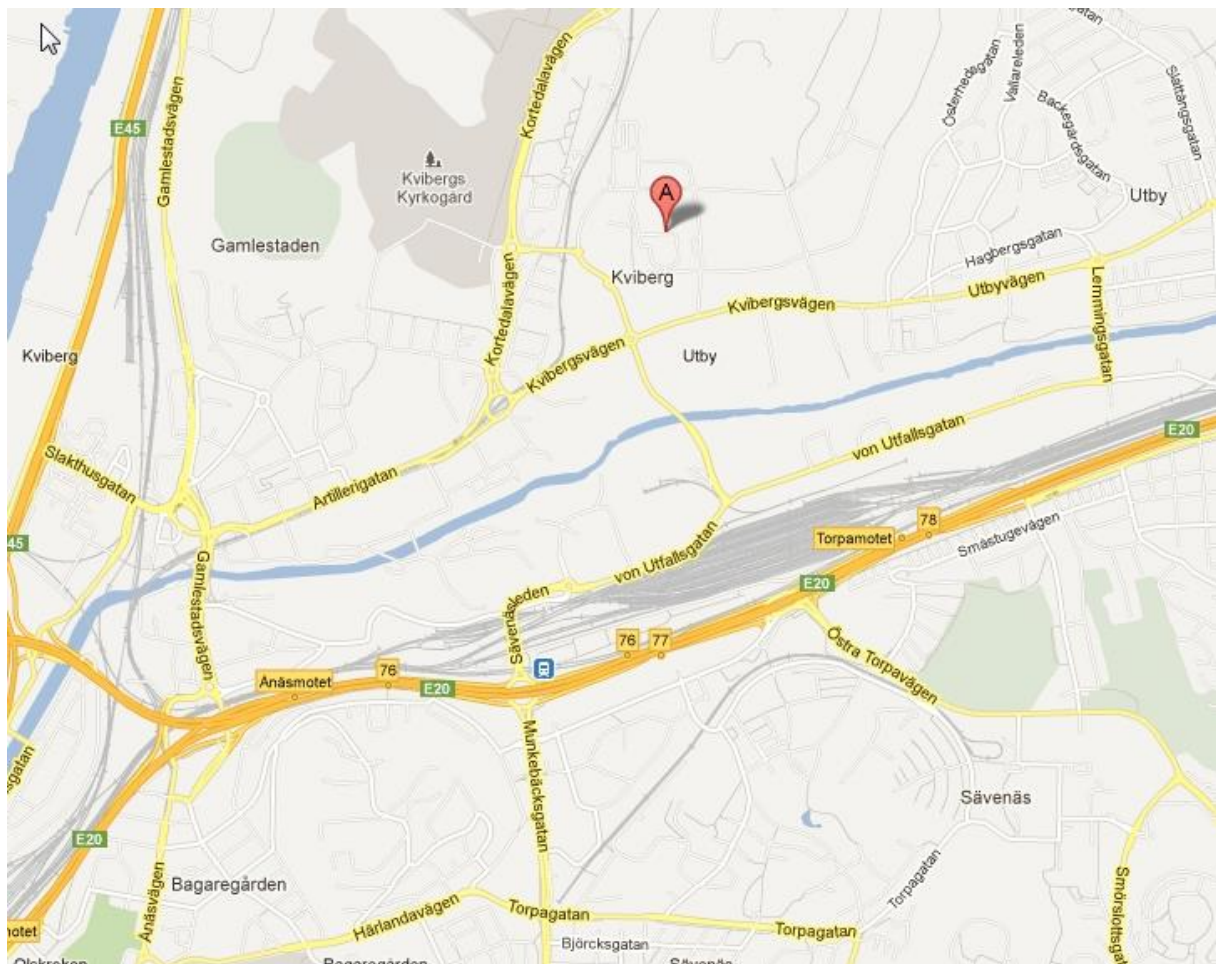
RKC Sweden will be held in 'Pjäshallen' at Kvibergs barracks (picture and map below).

Address

Pjäshallen

Övre Kaserngården 8

415 28 Göteborg



RKC Sweden 2013

Recommended hostel

Kviberg hostel (<http://www.vandrarhem.com/sidor-eng/start.html>) is a cheap alternative and is located very close to the cert site (200 m). Use the code “RKC” when you book. Tel: +46 31 43 50 55.

Meet & Greet

Thursday evening on the 27 of June we arrange a welcome meet & greet. This is a nice opportunity to learn to know each other, both instructors and candidates. Meet & greet will be at the recommended hostel “Kvibergs Hostel”, more information about this later on. See time for Meet & Greet below.

Transportation

If you use tram to get to the cert you get off at station “Kviberg” and walk from there about 300 meters. Tram 6 and 11 goes from Gotheburg central station direct to “Kviberg”. If you arrive by car it’s free parking at the cert site.

Important times at RKC

This is the most important times. A more specific schedule will be handed out on the first day.

Thursday 27/6

18:00 – Meet & Greet at Kviberg Hostel

Friday 28/6

08:00 – Registration, start Day 1 (Pjäshallen, Kviberg)

18:30 – End of day 1

20:00 – Bus leaves to Hotel Scandic Opalen

Saturday 29/6

08:00 – Start Day 2 (Pjäshallen, Kviberg)

18:30 – End of day 2

20:15 – Bus leaves to Hotel Scandic Opalen

Sunday 30/6

09:00 – Start Day 3 (Pjäshallen, Kviberg)

16:00-17:00 – RKC Wrap up

17:00 – Bus leaves to Hotel Scandic Opalen

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Other info – Good to know

- **Already at Meet and Greet all candidates will be divided into teams.**
- **If the weather allow, we will be outside. Protect yourself from the sun and bring sunglasses, sunscreen and/or hat/cap.**
- **Bring your own hand care kit with plaster, tape etc.**
- **There will be smaller breaks for water, use these breaks to fuel up with some energy. Bring nuts or whatever you prefer.**
- **We will sell Dragon Door products and kettlebells at the cert. Kettlebells used at the cert will be sold to 20% discount. We will not accept cash but both invoice and credit card is accepted.**

If there is any urgent matter and you need to get in touch with us quickly. This is our cellphone numbers, write it down or add it to your contact list:

Fredrik Högström - +46 (0)707 21 45 67

David Liljeros - +46 (0)709 - 18 75 70

See you soon!

Fredrik & David