



**HardStyle Kettlebell Certification**  
May 14th, 2016 – Houston, Texas  
Training, Travel and Hotel Information

Thank you for registering for the HKC instructor certification courses. Below you will find information on the training facility, the recommended airport and a short list of recommended area hotels for those of you traveling to the area:

**TRAINING LOCATION:**

**CrossFit West Houston**

8716 Long Point Rd #213

Houston, Texas 77055

**Phone:** (713) 467-1450

[crossfitwesthouston.com](http://crossfitwesthouston.com)

**Host:** Rob Exline

**E-mail:** [rob@crossfitwesthouston.com](mailto:rob@crossfitwesthouston.com)

**CLOSEST AIRPORT:**

**George Bush International Airport**

**Airport Code:** IAH

**Note:** 27 Miles

**Airport Address:** 2800 N Terminal Rd, Houston, TX 77032

**Airport Website:** <http://www.airport-houston.com>

**NEARBY LODGING:**

**Hampton Inn Houston-Northwest**

20035 Northwest Freeway

Houston, Texas 77065

**From Facility:** 12 Miles

**Hotel Website:** <http://hamptoninn3.hilton.com>

**Holiday Inn Express and Suites Houston Memorial park Area**

7625 Katy Freeway

Houston, Texas 77024

**From Facility:** 3.5 Miles

**Hotel Website:** <http://www.ihg.com/holidayinnexpress>