



**HardStyle Kettlebell Certification**  
May 17, 2015 – Guilford, Connecticut  
Training, Travel and Hotel Information

Thank you for registering for the HKC instructor certification courses. Below you will find information on the training facility, the recommended airport and a short list of recommended area hotels for those of you traveling to the area:

**TRAINING LOCATION:**

**Quest Fitness**

1795 Boston Post Road  
Suite 5A, 3<sup>rd</sup> Floor  
Guilford, CT 06437

**Phone:** 203-689-5570

**<http://questguilford.com>**

**Host:** James Newman

**E-mail:** [james@questguilford.com](mailto:james@questguilford.com)

**CLOSEST AIRPORT:**

**Tweed New Haven Airport (HVN)**

155 Burr St.  
East Haven, CT 06512

**Phone:** 203-466-8833

**<http://www.flytweed.com/>**

**Note:** Approx. 11.2 miles from training facility (15-minute drive without traffic)

**NEARBY LODGING:**

**Red Roof Inn & Suites Guilford**

2300 Boston Post Rd.  
Guilford, CT 06437

**Phone:** 888-734-8503

**Note:** Approx. 0.9 miles from facility (1-minute drive without traffic)

**Comfort Inn**

300 Boston Post Rd.

Guilford, CT 06437

**Phone:** 203-453-5600

<http://www.comfortinn.com/hotel-guilford-connecticut-CT051>

**Note:** Approx. 3.1 miles from facility (4-minute drive without traffic)

**Tower Inn & Suites Guilford/Madison**

320 Boston Post Rd.

Guilford, CT 06437

**Phone:** 203-453-9069

<http://towerinnandsuites.com/>

**Note:** Approx. 3.1 miles from facility (4-minute drive without traffic)

**Baymont Inn & Suites Brandford/New Haven**

320 Boston Post Rd.

Guilford, CT 06437

**Phone:** 203-488-4991

<http://www.baymont-ct.com/>

**Note:** Approx. 3.7 miles from facility (5-minute drive without traffic)