



**HardStyle Kettlebell Certification**  
November 8, 2015 – New York, NY  
Training, Travel and Hotel Information

Thank you for registering for the one-day HKC instructor certification course. Below you will find information on the training facility, the recommended airport and a short list of recommended area hotels for those of you traveling to the area:

**TRAINING LOCATION:**

**Catalyst S.P.O.R.T.**

1410 Broadway, Concourse Level  
New York, NY 10018

**Phone:** 212-997-4600

**<http://catalystsportnyc.com>**

**Host:** Jason Kapnick

**E-mail:** [jason@catalystsportnyc.com](mailto:jason@catalystsportnyc.com)

**AIRPORTS:**

**LaGuardia Airport**

New York, NY 11371

**Phone:** [718-533-3400](tel:718-533-3400)

**<http://www.panynj.gov/airports/laguardia.html>**

**Note:** Approx. 8.8 miles from training facility (15-minute drive without traffic)

**Newark Liberty International Airport (EWR)**

3 Brewster Road, New York, NY 07114

**Phone:** [973-961-6000](tel:973-961-6000)

**<http://www.panynj.gov/airports/newark-liberty.html>**

**Note:** Approx. 15.9 miles from training facility (23-minute drive without traffic)

**John F. Kennedy International Airport**

Jamaica, NY 11430

**Phone:** [718-244-4444](tel:718-244-4444)

**<http://www.panynj.gov/airports/jfk.html>**

**Note:** Approx. 18 miles from training facility (28-minute drive without traffic)

## NEARBY LODGING:

### **Hotel Pennsylvania**

401 7<sup>th</sup> Ave.

New York, NY 10001

**Phone:** [212-736-5000](tel:212-736-5000)

<http://www.hotelpenn.com/>

**Note:** Approx. 0.4 miles from facility

### **Distrikt Hotel**

342 W. 40<sup>th</sup> St.

New York, NY 10018

**Phone:** [212-706-6100](tel:212-706-6100)

<http://www.distrikthotel.com/>

**Note:** Approx. 0.8 miles from facility

### **Hampton Inn Manhattan/**

#### **Times Square South**

337 W. 39<sup>th</sup> St.

New York, NY 10018

**Phone:** [212-967-2344](tel:212-967-2344)

<http://goo.gl/14uKnl>

**Note:** Approx. 0.6 miles from facility

### **Staybridge Suites Times Square**

340 W. 40<sup>th</sup> St.

New York, NY 10018

**Phone:** [212-767-9000](tel:212-767-9000)

<http://www.staytimesquare.com/>

**Note:** Approx. 0.8 miles from facility

### **Candlewood Suites**

339 W. 39<sup>th</sup> St.

New York, NY 10018

**Phone:** [212-967-2254](tel:212-967-2254)

<http://www.nyctimesquarehotel.com/>

**Note:** Approx. 0.6 miles from facility

### **Fairfield Inn & Suites**

#### **New York Manhattan**

330 W. 40<sup>th</sup> St.

New York, NY 10018

**Phone:** [212-967-9494](tel:212-967-9494)

<http://goo.gl/FLxS9E>

**Note:** Approx. 0.8 miles from facility

### **Holiday Inn Express New York City**

343 W. 39<sup>th</sup> St.

New York, NY 10018

**Phone:** [212-239-1222](tel:212-239-1222)

<http://www.timesquarehotelnyc.com/>

**Note:** Approx. 0.6 miles from facility

### **Four Points by Sheraton Midtown**

326 W. 40<sup>th</sup> St.

New York, NY 10018

**Phone:** [212-967-8585](tel:212-967-8585)

<http://www.fourpointstimesquare.com/>

**Note:** Approx. 0.9 miles from facility