

# **DVRT & HardStyle Kettlebell Certification**

May 16-17, 2015 – Guilford, Connecticut Training, Travel and Hotel Information

Thank you for registering for the two-day DVRT and HKC Instructor certification courses. Below you will find information on the training facility, the recommended airport and a short list of recommended area hotels for those of you traveling to the area:

#### TRAINING LOCATION:

### **Quest Fitness**

1795 Boston Post Road Suite 5A, 3<sup>rd</sup> Floor Guilford, CT 06437 Phone: 203-689-5570 http://questguilford.com Host: James Newman E-mail: james@questguilford.com

## **CLOSEST AIRPORT:**

Tweed New Haven Airport (HVN) 155 Burr St. East Haven, CT 06512 Phone: 203-466-8833 http://www.flytweed.com/ Note: Approx. 11.2 miles from training facility (15-minute drive without traffic)

## **NEARBY LODGING:**

## Red Roof Inn & Suites Guilford

2300 Boston Post Rd.
Guilford, CT 06437
Phone: 888-734-8503
Note: Approx. 0.9 miles from facility (1-minute drive without traffic)

#### Comfort Inn

300 Boston Post Rd. Guilford, CT 06437 Phone: 203-453-5600 http://www.comfortinn.com/hotel-guilford-connecticut-CT051 Note: Approx. 3.1 miles from facility (4-minute drive without traffic)

#### Tower Inn & Suites Guilford/Madison

320 Boston Post Rd. Guilford, CT 06437 Phone: 203-453-9069 http://towerinnandsuites.com/ Note: Approx. 3.1 miles from facility (4-minute drive without traffic)

#### Baymont Inn & Suites Brandford/New Haven

320 Boston Post Rd. Guilford, CT 06437 Phone: 203-488-4991 http://www.baymont-ct.com/

Note: Approx. 3.7 miles from facility (5-minute drive without traffic)